

SPHERE

Services for Public Health, Environment, Research and Education

Driving Development Through Data

A leading consulting firm strengthening health systems, shaping evidence-based policy and improving lives across Pakistan



2012

Founded



9

Offices
Nationwide



35+

Key
Projects



105

Staff
Members



ABOUT US

SPHERE Consulting was established in 2012 as a public health consulting firm based in Pakistan, with its headquarters located in Lahore. Our core expertise lies in strengthening health systems through a combination of data-driven approaches, innovative service delivery models, and policy-level advisory support. Since 2022, we have broadened our scope to education, environment and climate sector.

OUR CORE VALUES



Ingenuity & Excellence



Strong Teamwork



Gender Equality



Integrity Based
Approaches



Social Inclusion



Humanitarian
Principles



Innovation



Human Centric
Approach

CORE EXPERTISE



System
Strengthening
& Policy



Digital Health &
Health Information
System



Health Equity &
Community
Engagement



Knowledge
Products &
Services



Strategic
Planning



Artificial
Intelligence



Skill
Development



Surveillance



Public- Private
Partnerships
(PPPs)



Monitoring,
Evaluation, Research
& Learning (MERL)



Health
Technology
Assessment



Curriculum
Development &
Capacity
Building



01

Communicable
Disease



02

Mental Health
and Non-
Communicable
Diseases



03

Vaccines and
Immunization



04

Environment
and Climate
Change



05

Nutrition



06

Health
Security and
One Health



07

Maternal,
Newborn
and Child
Health



08

Education

THEMATIC AREAS

KEY PROJECTS

A snapshot of our portfolio spanning health, research and development across Pakistan



MERL

PC-IV Based Evaluation of the Enhanced HIV/AIDS Control Programme, Punjab (Phase II)

Conducted an independent, third-party evaluation of the Enhanced HIV/AIDS Control Programme, Punjab (Phase II) for the Directorate General Monitoring and Evaluation (DG M&E), carried out in line with the PC-IV proforma.



Policy, Advocacy and HRH

Institutionalization of DMPA-SC Self-Injection (DISC Project)

Led the institutionalization of subcutaneous Depot Medroxyprogesterone Acetate (DMPA-SC) self-injection within the health system under the Delivering Innovation in Self-Care project, and developed empathy-based counseling approaches to support informed, client-centered self-injection.



MERL

Public Health Impact Assessment (PHIA) of the Suthra Punjab Program

Conducted an independent, mixed-methods Public Health Impact Assessment of the Suthra Punjab Program across six districts of Punjab to evaluate its effects on community health outcomes and environmental conditions.



MERL

Independent Field Observation of fIPV Administration (PharmaJet) and Vaccinator Training

Delivered Training of Trainers for polio vaccinators in Karachi and Quetta, and carried out an independent field observation to assess the quality of fractional IPV (fIPV) administration and the field performance of the Tropis needle-free injection device.



MERL

Evaluation of the Ipas and Sehat Kahani Telehealth Model

Evaluated the Ipas and Sehat Kahani telehealth model, with particular emphasis on reproductive health services including family planning, post-abortion care, and medical abortion. The study examined service uptake and quality through secondary analysis of service data and interviews with Lady Health Workers, doctors, and the implementation team.



Service Delivery

Routine Immunization Service Expansion (RISE) through Public-Private Partnership, Punjab

Established 20 fixed EPI sites and delivered outreach vaccination to reach zero-dose children in underserved areas of South Punjab, working in coordination with Rahnuma-FPAP across underserved districts of Punjab.



Policy, Advocacy and HRH

TB Shield Project

Implemented household tuberculosis contact screening for children under five, referring positive cases and providing preventive treatment for eligible negatives.

KEY PROJECTS

A snapshot of our portfolio spanning health, research and development across Pakistan



Implementation Research

Multi-Sectoral Approach to Early Childhood Development (ECD), Punjab

Piloted a community-led, multi-sectoral approach to early childhood development in UC Kotla Chakar, Multan. SPHERE designed the pilot, conducted the needs assessment and the baseline and endline surveys, and oversaw implementation by eight sub-grantees across the five components of the Nurturing Care Framework.



HRH/Capacity Building

Development of the Community Health Inspector (CHI) Training Package

Developed a comprehensive training package, including a training manual and presentations in English and Urdu, for Punjab's newly established CHI cadre, ensuring standardized, competency-based training aligned with public health priorities.



Research

Immunization Data Quality Assessment, Punjab

Assessed the quality of Punjab's electronic and paper-based immunization records. Through field visits, SPHERE compared electronic registries with paper records and recommended streamlined data entry and stronger supervision.



Research

National Assessment of the Quality of Primary Health Care

Conducted a nationwide assessment of primary health care quality across Punjab, Sindh, Khyber Pakhtunkhwa, and Balochistan, identifying service gaps and informing policy.



Advocacy & Social Mobilization

Strengthen Her through Immunization and Equity (SHINE) Project: HPV Vaccine Introduction in Punjab

Under the SHINE project, deployed 12 social mobilizers in Lahore and Multan to create awareness among the community and refer girls aged 9 to 14 for HPV vaccination to prevent them from the cervical cancer.



Policy, Advocacy and HRH

Integrating Climate-Resilient, Gender-Sensitive WASH into the CHI Curriculum, Punjab

Updated the Punjab Community Health Inspector curriculum by integrating climate-resilient, gender-sensitive water, sanitation, and hygiene (WASH) components.



MERL

Endline Survey, JICA Strengthening Maternal and Newborn Health Care Project, Punjab

Conducted the endline survey for JICA's Maternal and Child Health Project across three districts of South Punjab: Multan, Khanewal, and Vehari.

KEY PROJECTS

A snapshot of our portfolio spanning health, research and development across Pakistan



HEALTH & POPULATION
DEPARTMENT



HRH/Capacity Building

HMIS Training and Capacity Building across 36 Districts of Punjab

Developed a Hospital Management Information System manual and training videos for primary health care facilities, and delivered Training of Trainers workshops for health information coordinators across 36 districts.



unicef

MERL

Third Party Assessment of Outsourced Maryam Nawaz Health Clinics (MNHCs), Punjab

Conducted a third-party assessment of the newly outsourced Maryam Nawaz Health Clinics model across nine districts. SPHERE developed the study design and led data collection, analysis, and reporting to improve service quality and inform the outsourcing strategy.



THE
GLOBAL
FUND

THINK
WELL



Policy

Sustainability Assessment and Transition Planning, Global Fund Portfolio

Carried out data collection for an assessment of transition readiness across the Tuberculosis, Malaria, and HIV/AIDS programs in Balochistan, Sindh, and Punjab.



HEALTH & POPULATION
DEPARTMENT



HRH/Capacity Building

Development of a Midwifery Career Pathway for Punjab

Developed a Midwifery Career Pathway for Punjab. The work included a Continued Professional Development plan for midwifery tutors, evidence-based teaching methods to raise the quality of midwifery education, and clear advancement pathways intended to strengthen retention and job satisfaction.



THE WORLD BANK



Policy

Development of Provincial PC-1s under the National Health Support Program (NHSP)

Supported the development of provincial PC-1s for Punjab, Khyber Pakhtunkhwa, and Balochistan across key health priorities.



Ministry of National Health
Services Regulations & Coordination
GOVERNMENT OF PAKISTAN



World Health
Organization

Research

Bottleneck Analysis for Family Planning Services across Pakistan

Led stakeholder engagement and a bottleneck analysis of family planning services to inform FP2030 strategies and enhancements to the midwifery curriculum.

MEET THE TEAM

Core Team



**Dr. Naeem
Majeed**
Chief Executive
Officer



Ms. Zoe Moin
Chief People
Officer



**Dr. Zainab
Dawood**
Chief Technical
Officer



Mr. M. Zargham
Chief Financial Officer



**Ms. Ayesha
Malik**
Chief IT Officer



**Mr. Fahkir
Abbas**
Manager M&E



**Ms. Amama
Maqsood**
Manager Programs



**Ms. Maheen
Nadeem**
Policy & Data
Analytics



**Mr. Iftikhar
Hussain**
Program Manager



Ms. Sidra
Provincial
Co-ordinator
Balochistan



Ms. Ume Laila
Co-ordinator South
Punjab



Ms. Rameen
Associate

OUR PARTNERS & CLIENTS



Our Competitive Edge

Our value proposition lies in combining technical excellence with deep contextual insight

1.

Deep Local Understanding

Over 12 years working within Pakistan's health system at provincial and district levels. Our involvement in government technical working groups, along with our field experiences, gives us unique insight into local challenges and opportunities.

2.

Technical Rigor

Strong competencies in epidemiology, public policy, economics, and data analytics underpin our evidence-based approach. We emphasize rigorous monitoring, evaluation, and quality assurance so clients receive results they can trust for decision-making.

3.

Collaborative Approach

We work hand-in-hand with stakeholders from community members, community workers and local NGOs to government officials and international donors. Our agility as a private firm allows us to adapt solutions to stakeholder needs in real time.

4.

Sustainable Impact

SPHERE focuses on capacity building and institutional strengthening so that improvements endure beyond our engagement. Whether mentoring government staff or developing institutionalized toolkits, we aim for local ownership of reforms.

5.

Multidisciplinary Team

Experts spanning public health, research, education, environment, and policy work together under one roof to provide comprehensive, integrated solutions.

6.

Gender Equality and Inclusivity

At SPHERE Consulting, we value gender equality and inclusivity, with a diverse team that includes female staff and ensures our work is fair and accessible to all.

Contact Us

For further inquiries or partnership opportunities, please contact at info@sphereconsulting.services.



www.sphereconsulting.services



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